

ECO BULLETIN
of February 13, 1958

Rules Governing the Running
of COH O b "Help"

When pc has a pt problem, select most intimate terminals on these and run problems of comparable magnitude and/or help in brackets, a few commands each bracket.

Thoroughly clear command word for word and every time auditor uses a bridge.

Always bridge no matter how brief number of commands are.

Run on E-meter on help until needle is loose, not nul.

Help follows laws of flows not terminals. See Scientology 8-80 for flows. Anaten ensues when one direction of command is run too long.

E-meter needle that is stuck will run to loose if proper flow direction is selected. If a command is run too long needle will go past a loose state and into a new stick. Reversing command frees needle.

Help also frees valences.

L. Ron Hubbard

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